



# ICDP

## INTERNATIONAL CHILD DEVELOPMENT PROGRAMME

# Welcome to our workshop

- In the next our we will introduce you to the contents of the ICDP program's professional concepts as well as what we take as our starting point, when we in our meeting with the child focus on the children's perspective and the "best interests of the children".
- We want to share our ICDP experience and work with you through a presentation, some reflection exercises and some movie clips from the day care with 0-3 years old children.



# “Best interests of the children“ ”Barnets bästa“

- To find out who I am, I need to see myself through the eyes of others
- To find out who I am - I have to see myself between other eyes



# ICDP

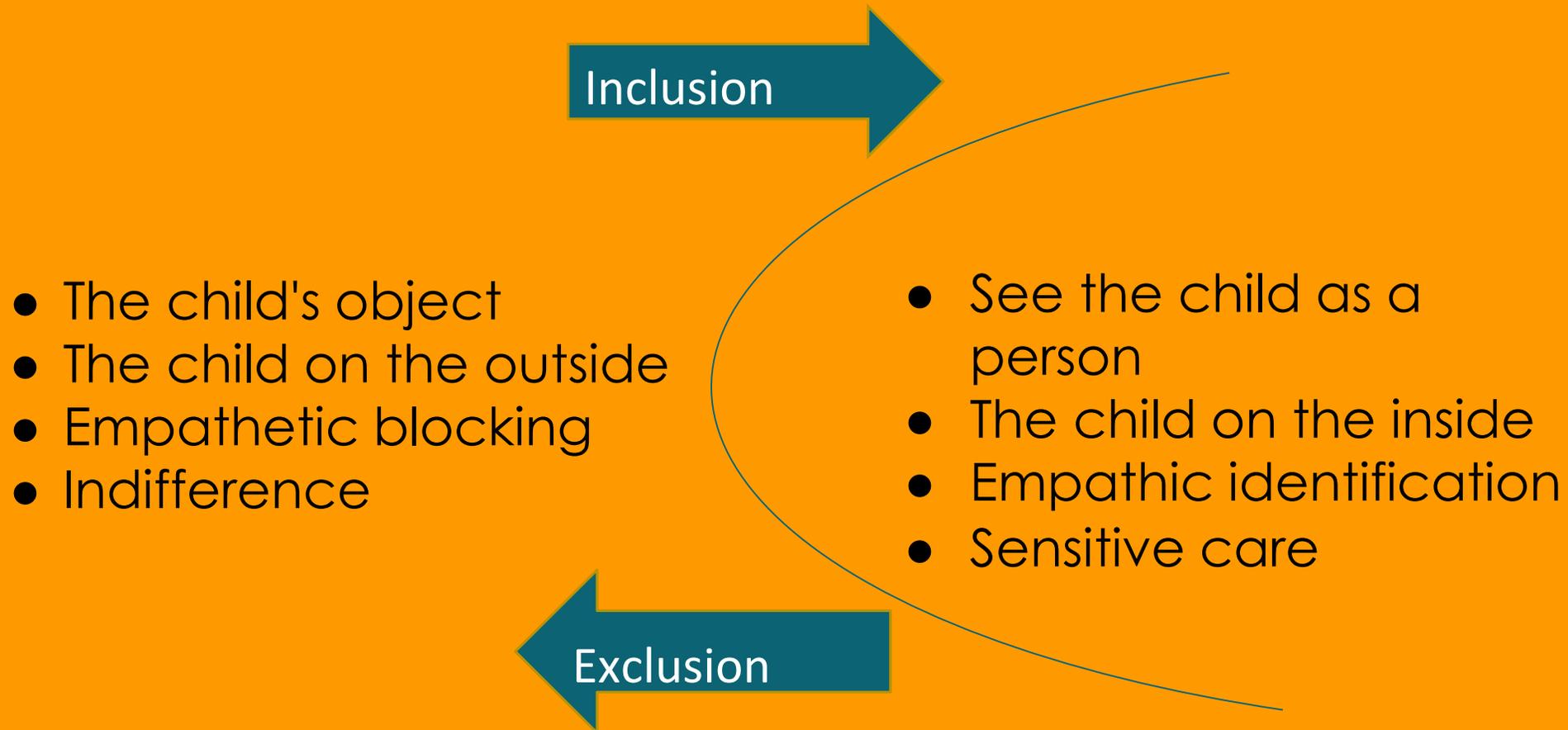
- Karsten Hundeide and Henning Rye developed the program in 1985, the organization was founded in 1992 in Oslo - and in 2019 more than 45 countries work with ICDP.
- ICDP is based on the fact that people by nature are social.
- ICDP can help us revive ordinary human caring interaction.
- ICDP affects and improves the quality of the contact and interaction between the caregiver and the child.
- The quality of our relationships with each other always determines how we feel, how we master life and how we develop.
- 8 interaction themes for good interaction, they are divided into 3 dialogues between the caregiver and the child.

# The nuances of ICDP

- The starting point of the ICDP programme is to explore with caregivers how they see their children, by promoting a positive image of their child and by reflecting about their role as caregivers.
- ICDP is about how you can have a better interaction in the relationship with a child.
- The main message of the programme to caregivers is expressed in the “8 guidelines for good interaction”- these are 8 criteria which define good communication between caregivers and children and are used as topics for reflection in meetings with others and for personal application in daily routines with children.

@<http://www.icdp.info/programme>

# The zone of intimacy



The change in a child starts  
with the change in the adult

International Child Development Program - 8 interaction themes - 3 dialogue types

<p>1. Show positive emotions, show you like the child.</p>		<p>5. Create joint attention.</p>	
<p>2. Adjust yourself emotionally and follow the other's initiative.</p>		<p>6. Make sense to the other's perception of the outside world by putting it together with an emotional commitment.</p>	
<p>3. Invite to an emotional one conversation about what is recording the other.</p>		<p>7. Perspect, elaborate and create connections based on your experience.</p>	
<p>4. Be appreciative and give praise.</p>		<p>8. Help the other one to regulate themselves, by delineate themselves, support with positive alternatives and by planning together.</p>	

# Guidelines 1,2,3 & 4

## The emotional dialogue

- The first 4 guidelines for good quality interaction are about making good emotional contact - about showing the child that you love it. The goal is to create a safe and trusting atmosphere. It is absolutely fundamental to a good relationship.



# Guideline 5,6 & 7

## The Learning Dialogue

- Interaction themes 5 to 7 have the focus on learning. Children need to learn how the world is connected. It develops their curiosity and independence and creates motivation for learning.



# Guideline 8

## The guiding dialogue

How do you set limits in a positive way?

How do you offer alternatives for what is not allowed?

How do you plan and support your child's activities

- without taking over the control from the child?



# The adult's perception of the child determines the care the child receives

- The Sun of the Child

